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LIFE OF IMAM Muhammad Taqi (a.s.) 98 38

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For a Better Tomorrow!

OUR VISION

To foster a stimulating learning environment which actualizes individual potential, caters academic, creative, personal, physical, moral & most importantly spiritual development & ensures that all students are nurtured to meet the challenges of the world and the hereafter.









EDITORIAL

Assalam-o-Alaikum,

Finally! hardwork paid off. I want to extend my congratulations to all the students who have been successful in their exams. For those who did not succeed this time, I encourage you to work on your weaknesses starting today, paving the way for a brighter future ahead.

What a joy it is to happily receive your own magazine after finishing your exams! I wish you all the best for the new academic year, till then you can enjoy your summer vacation. We greatly encourage you to participate in the various co-curricular activities to make the most of your break.

We have had a great start of the year 2024 with all the blessings of Rajab, Shaba'an, and Ramazan. I hope you all must have recited all the prescribed azkaars for boosting your spirituality, imploring for forgiveness, and seeking closeness to Allah (swt) and Masomeen (a.s.).

وَأَطِيعُواْ ٱللَّهَ وَٱلرَّسُولَ لَعَلَّكُمْ تُرْحَمُونَ

Be cautious of (your duties) towards Allah the caution that He deserves, and do not die except in the state of submission. (Al-Imran 132)

Ghadeer is an obligation to follow and spread around in our communities. As Zilhaj is around the corner with its abundant blessings along with a successful International Ghadeer Awareness Program. I anticipate significant participation from my Gifsians. Encourage your friends, cousins, and family members worldwide to join this magnificent program and have the chance to win exciting prizes.

Keep writing us and share your creative thoughts with us. Reading all the colorful content makes me ecstatic. I want to express my gratitude to every one of my students for the recognition and praise towards the Akkas team. Your active involvement has been instrumental in making this achievement possible.

I hope you will enjoy reading your very own Akkas. We'll be waiting for your constructive feedback and more creative write-ups.

Happy Holidays!!!

Love,

Editor

Dear Editor



Dear Editor, Assalam-o-Alaikum,

We are grateful for having such a magnificent magazine Akkas. It's an honor for us that it's our own school magazine which is full of vibrant colors, text, and pictures that grab the attention of every reader, and day by day it is getting more interesting, vivid, imaginative, twisted, and captivated. Taking part in Akkas builds the confidence of our skilled fellows who share their write-ups and experiences. I am thankful to our school for giving us such a great opportunity to demonstrate our skills.

Laiba Batool - Class VIII C

Dear Editor, Assalam-o-Alaikum,

I just love how colorful and lively our magazine is. The pictures brighten my day and the stories are just so interesting that I can't resist reading them all at once. I would love to see more idioms about different topics and tips to improve essay writing.

Mutahhara Abbas - Class VIII C

Dear Editor, Assalam-o-Alaikum,

I am writing this letter to thank Akkas and its team. The content of Akkas deserves appreciation. Three articles from the last edition; 'Mexico, Cholistan Desert, and how to drive a car?' were a treat to readers. I now really wish to learn to drive. Thank you so much for creating a creative space for us.

Ayza Fatima - Class VII C

Dear Editor, Assalam-o-Alaikum,

I hope you are well. I am very grateful to the team of Akkas. I really enjoy reading this magazine and it's a great way to spend our free time and enhance our knowledge. Our school's own magazines make us feel proud. I request the team of Akkas to please add some more jokes as it is the most interesting part of the magazine.

Sani-e-Zehra - Class VII C

Dear Editor,

Assalam-o-Alaikum,

Akkas is one of my favorite magazines. It gives us a chance to demonstrate our talents and encourages us to explore our hidden abilities. It also provides information about the school programs. I'm impressed by the achieved milestones section and am motivated to be there someday. May Allah (swt) reward the team for such magnificent beauty and their efforts!

Manahil Fatima - Class VII D

Dear Editor, Assalam-o-Alaikum,

It is an honor to have our own school's magazine. Akkas always ensures to bring interesting poem, stories and riddles written by our young writers. The article on Planet X in the last edition was a great read. Akkas indeed is a hub of creativity and source of pleasure for all the readers. I'm thankful to the whole team of Akkas for this little gift of creativity.

Madiha Fatima - Class XC

Dear Editor



Dear Editor, Assalam-o-Alaikum, I hope you're doing well. I wanted to drop you a quick note to say thank you for the great work you do in putting together our school magazine. It's always a treat to read the poems, stories, recipes, and brain teasers you include.

I have a small suggestion — I think adding articles about football could be interesting. Different stories and articles on skill development will inspire us to do our best in school.

Thanks again for all you do.

Muhammad Murtaza - Class VII A

Dear Editor,

Assalam-o-Alaikum,
I am very pleased that we are allowed to share our words about our own magazine Akkas. All editions of Akkas were truly marvelous, but the last one was at its peak. The graphics design of Akkas urged me to read the whole content, and the pictures prompted me to reminisce about the moments spent with friends. I feel proud to share our school's magazine with others. I would like to thank the whole Akkas team who makes this beautiful magazine available for all of us.

Syed M. Abbas - Class VIII A

Dear Editor, Assalam-o-Alaikum, I really loved the last edition of our very own 'Akkas' Magazine. Please increase the number of puzzles and Math related riddles. I love to solve them. Also, please add a 'Project Corner' where students can write exclusively about their projects, made during the extended hours. Thanks

Taqi Shah - Class VI A

Dear Editor, Assalam-o-Alaikum, I am writing to express my admiration for Akkas magazine. It's more than just a source of knowledge and information; it's a masterpiece that includes various activities related to fun and art. From its beginning to its latest version, Akkas has been a beacon of creativity and enjoyment. The publication of Akkas should continue indefinitely, as it enriches our school community in countless ways. We are truly blessed to have such a special magazine at our school. Thank you for your dedication to bringing Akkas to life with each new edition.

M. Faiyz Ali - Class VII A

Dear Editor.

Assalam-o-Alaikum,

I am writing to share my thoughts on the wonderful content featured in Akkas magazine. Last edition was full of fantastic stories, and its attention to detail was great. I especially liked how the topics were organized, which made the magazine even more enjoyable.

Reading our school's magazine fills me with pride and brings me a lot of joy. I eagerly look forward to each new edition, excited to dive into its pages and discover more interesting content.

Thank you for every edition of Akkas Magazine.

S. M. Shanawar Abbas - Class VII A

Japan; The Country of Rising Sun

Japan is a lively and technologically foremost society that combines tradition and modernity. Cities like **Tokyo, Osaka, and Kyoto** are the busiest that showcase their futuristic architecture, neon-lit streets, and high-speed trains. Japan is a country that is deeply rooted in its traditions.

The government of Japan gives importance to **education**. Hence the literacy rate in Japan is high. It is obligatory for every child to have at least 12 years of education. The country's education system is known for its rigorousness and significance in discipline, which enable students to be skillful in various fields.

Japan's culture is known for its **traditions**. From ancient customs to modern trends, Japan offers an attractive cultural tapestry that fascinates the world. Manga and Anime (printed comics and animated films) are a huge part of Japanese culture. They have a long history in Japan but it is spread all over the world now, manga and anime have become a major part of routine.

Japan is ranked in the **top 10 safest countries** in the world. Their excessive use of technology leads to a secure environment. Young elementary students can easily walk to school by themselves. Their parents are never worried for them which proves that Japan is the safest country.

Japan is also known for **Robotics**. Many types of robots are used in restaurants, hospitals, parks, restrooms, and different companies.

Japan is not only known for its technologies but also is blessed with the most **beautiful landscapes** in the world. This country is known for its **cherry blossoms**, which bloom in spring and create a magical environment. Sakura trees bloom in stunning pink and white display, which is a cherished national event that symbolizes the beauty of life. Some beautiful places in Japan include **Japan Mt. Yoshino, Ashikaga Flower Park, Meguro River** in Tokyo, **Mount Fuji**, etc. Japan always offers an enchantment experience that leaves a lasting impression.

Muniza Fatima - Class X C

Netherlands

The Netherlands is a country in northwestern Europe, renowned as a popular tourist destination. Its capital is Amsterdam, and the country is famous for its extensive cycling routes. With 12 provinces including North Holland, South Holland, Zeeland, Limburg, Friesland, North Brabant, Gelderland, Drenthe, Utrecht, Groningen, Overijssel, and Flevoland, the Netherlands boasts picturesque canals, windmills, and vibrant cities nestled amidst scenic countryside. It is the largest flower exporter globally and is renowned for its cheese. Notably, the Netherlands has a low crime rate and is celebrated for its football players such as Van Dijk, De Ligt, and others. The Royal Palace in Amsterdam has historically served Dutch leaders. With over 1000 windmills, the Netherlands is a country of rich cultural heritage and natural beauty. I have always harbored a desire to visit the Netherlands, and I hope to fulfil this dream one day.

M. Ghazi Shakoor - Class VII A



Northern Areas of Pakistan at a Glance

Pakistan is acclaimed for its rich cultural heritage, it is also a home to breathtaking natural wonders, particularly in its Northern and Kashmir regions. Known globally for its towering mountains, verdant valleys, powerful rivers, tranquil lakes, and diverse wildlife, this part of the country is a paradise for nature enthusiasts. Exploring Pakistan's captivating history, ancient tribes, and natural marvels unveils a fascinating narrative of resilience, tradition, and the enduring spirit of its inhabitants. Situated between the majestic Himalayas and the Arabian Sea, Pakistan showcases a remarkable array of natural treasures that are bound to enchant adventurers. Among its notable attractions is the picturesque Neelum Valley, often dubbed the "Paradise on Earth"; the captivating Swat Valley, likened to "mini Switzerland"; and the awe-inspiring Hunza Valley, known as the "Mountain Kingdom". These destinations allure tourists with their scenic beauty. Fairy Meadows, nestled in Gilgit-Baltistan, offers a mesmerizing landscape with its verdant meadows and snow-capped peaks. Kalash Valley, located in Chitral, provides a glimpse into the rich cultural heritage of the Kalash people. Jehlum Valley in Azad Kashmir enchants visitors with its breathtaking scenery. Murree Hills, situated in the Pir Panjal range of the Himalayas, beckons travelers with its serene ambiance and panoramic vistas. The Makran Coastal Highway along the Arabian Sea promises an unforgettable journey through natural marvels. Pakistan, with its abundance of natural splendors, invites explorers to immerse themselves in its diverse landscapes, offering opportunities for tranquility, inspiration, and adventure.



LifeLong Skills

Constructive Feedback

Constructive feedback is a valuable asset for personal, professional, and business growth. It helps people understand their skill, performance or service. Criticism is degrading; however, constructive feedback courages individuals to do their best.

Constructive feedback is provided in various settings in workplaces during performance reviews, in educational institutions through parent-teacher meetings and orientations, and on trading platforms where consumers can give reviews of the products or services. It provides suggestions for enhancement while maintaining a positive attribute.

Effective and constructive feedback is concise and highlights behavior or action and its effects. The primary purpose of constructive feedback is to deliver an imperative message without hurting anyone's feelings. It adopts a positive tone that acknowledges strengths and highlights areas of improvement. This strategic writing motivates and encourages an atmosphere that leads to inside and choosing the right path for growth and development.

Constructive feedback is a collaborative approach that involves the sender and receiver. It aims to provide mutual service for development, giving alternatives and solutions rather than just pointing out problems. It pushes

individuals to figure out their weaknesses and use alternative paths to growth. It is crucial to foster open and clear communication establishing, a secure environment where individuals can feel secure while receiving and giving feedback.

Taking everything into account, constructive feedback is a catalyst for mutual dealings that improves service and connections for learning and development in life.

The famous person Bill Gates states:

"We all need people who will give us feedback and that's how we improve."

Fatima Afsar - Class VIII C



Lets evaluate ourselves using the sample grid

Criteria	Positive Aspects	Areas for Improvement
Creativity	I used vibrant colors in my artwork.	I could try experimenting with different techniques.
Effort	I spent a lot of time on my project.	I could focus more on details.
Organization	My ideas were well-structured.	I need to work on my presentation.
Collaboration	I listened to my group members' ideas.	I could contribute more actively.
Communication	I explained my thoughts clearly.	I need to work on listening to others.

Be specific while filling the grids and provide examples. Share reflections with peers and teachers to receive additional feedback.

A Hilarious Flashback

10 February 2024 Saturday, 11:00 am

Dear Diary,

Today I would like to share a hilarious incident that happened to me when I mistook a person as my friend. It was a day filled with laughter and embarrassment. I cannot help but chuckle thinking about this incident.

I had just finished my homework and decided to meet my friend for a coffee at a park. As I walked into the park, I spotted a familiar face sitting alone on the bench and without thinking twice, I went to the person and said, "Hey! Long time no see. Where have you been?" To my horror, it was not my friend and the girl looked at me puzzled. The person was a complete stranger who had quite a resemblance to my friend, I stammered an apology to the person while my face had turned red like a tomato. The amused stranger politely replied, "Well I have been good, but do we know each other?"

After my mistake, I couldn't help but burst into a nervous laughter and explained my blunder. Thankfully, the stranger took it as good humor and we ended up laughing together while talking about similar incidents.

This incident taught me to think before assuming someone's identity. It also explained to me that laughter is the best technique to make awkward situations bearable.

Farwa Fatema - Class IX C

Now That I Look Back

Now that I look back, I see vivid imprints of my school journey. The joy of recess after hours of studying, to endless chatting with friends even if they sometimes led to teachers' gentle scolding. Teachers who I once saw guiding my seniors became my own mentors. It's spectacular how my perspective changed – like other younger graders, I yearned to graduate, unaware of the waves of emotions that will hit me when I am about to. I cannot put my emotions into words. I have lived the best of my golden era and I am thankful for the friends I have made along the journey. Now, facing the end, I will undoubtedly miss this place and people who shaped my childhood and future.

Malika Fatima - Class X C





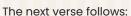
Cultivating Gratitude and Kindness Toward Parents

Allah (swt) has bestowed upon us an abundance of blessings, like the fresh air we breathe, the sun that shines, the food that we eat, and the freshwater we drink. Still, among them, the most prominent and irreplaceable are undoubtedly our graceful and kind parents, for they are the guiding stars that illuminate our lives with unconditional love, unwavering support, and invaluable wisdom. Parents are a precious gift in our lives. They bring us into this world, nurture us, and provide us with love and support throughout our journey.

We must show the utmost kindness, respect, and strict obedience to our parents. One of the key reasons why we should be grateful to our parents is the unconditional love they shower upon us. From the moment we were born, our parents devoted themselves to our care and happiness. They selflessly put aside their needs to prioritize ours.

According to Surah Israa verse no. 23 to 24:

"For your Lord has decreed that you worship none but Him. And honor your parents. If one or both of them reach old age in your care, never say to them 'even' 'ugh,' nor yell at them. Rather, address them respectfully."



"And be humble with them out of mercy, and pray, My Lord! Be merciful to them as they raised me when I was young."



10

The aforementioned verses clearly demonstrate how the Quran has emphasized showing respect towards one's parents. Another reason to be kind to our parents is the countless sacrifices they make for us. Parents put their dreams and aspirations aside to support us. Their time, energy, and sometimes even their career to support us and to ensure our growth and well-being. So now it's our responsibility to respect them.

Surah al Luqmaan ayat no. 14 says,

أَنِ ٱشْكُرْ لِي وَلِوْلِدَيْكَ

"Be grateful to me and both your parents."

In the light of the above verse, gratitude to God and parents go hand in hand. Since being grateful to Allah earns heavenly rewards, it can therefore be said that being grateful and kind to one's parents also earns unlimited rewards.

Lastly, it is important to pray for our beloved parents who have done a lot for us.

May Allah helps us all to respect our parents!

رَبّ ارْحَمْهُمَا كَمَا رَبّياني صَغِيرًا

Oh Allah! Have mercy upon them as they bought me up when I was small.

Ameen



Moral Values

Lavish Spendings On Wedding

Nowadays, people are spending a lot on weddings. This trend is growing in many societies. While weddings have traditionally been viewed as joyous celebrations, the excessive expenditures on them have raised concerns.

Social media has influenced the youth to have a picture-perfect wedding. Couples spend hefty amount on venues, décor, attire, etc. that causes too much loss of money.

Competition and peer pressure are also a cause of lavish spending. A desire to keep up with friends, family, and society to have a dreamy wedding leads to extravagant spending and as a result, the organizers overextend their budget.

Lavish weddings often lead to financial strain, causing couples and their families to deplete savings, take loans, or accumulate debt. Financial stress can hinder long-term financial goals, such as buying a home, saving for future, or investing in education.

Lavish spending on weddings is a complex issue with numerous causes and multiple effects. While extravagant weddings may appear as grand celebrations, they often result in financial hardships. Everyone needs to reevaluate the value of weddings and seek a balanced approach that emphasizes the true purpose of celebrations.



S. Aleeza Fatima - Class X C

A Female Philanthropist

While pondering over the most reputed and well-recognized female social workers, the first name that comes to mind is **Mother Teresa.**

She was born in Macedonia, in the year 1910. Her real name was **Anjezë Gonxhe** which means a holy flower bud. She is commonly known as Mary Teresa.

Mother Teresa founded the Order of the Missionaries of Charity, a Roman liberal assembly of women; dedicated to the poor, particularly to those in India, that opened numerous centers serving the blind, the aged, and the disabled people.



In fact, her whole life was dedicated to helping those in need and advocating for the **nobility of human life**. The most fascinating fact about Mother Teresa is that she received more than **120 Honors and Awards** for being a social worker and a philanthropist. Despite being a commendable social worker, Mother Teresa faced many challenges in her life, but she stood firm for her objectives and goals.

Mother Teresa has revealed a way to be followed by many especially for women. Her main objective in life was not just to help the poor but to encourage others, and that is what she did. Mother Teresa said, "In life, we cannot do great things only but small things with great love."

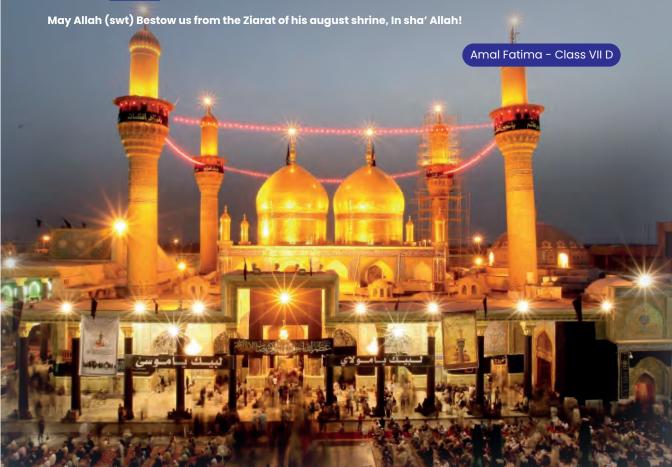
Life of Imam Muhammad Taqi (a.s.)

The ninth imam from the ahlul bayt of the prophet (s.a.w.w.), is well-known by the two titles **al-Jawad**, the generous one, and **al-Taqi**, the pious one. Imam Mohammed Jawwad was born in Medina on Friday, the 10th of Rajab, 195 A.H. The name of his mother is Sabikah (or Khayzuran), and his father was the 8th Imam, Imam Ali bin Musa Al-Razah (a.s.). He was approximately seven or eight years old when his father was martyred.

Despite his age, Imam Taqi (a.s.) was the most learned individual of his time. Several people doubted if such a young boy could be the Imam. But they were astounded when they tried asking the Imam for answers to their questions.

The first meeting between the Imam and Mamoon was in Baghdad when Mamoon went out with his men in the streets. He was passed by some children who saw him with his men and ran away from fear except for Imam Jawwad. When Mamoon saw him, he stopped and asked why he had not run away then Imam Jawwad wisely replied, "The Streets are wide; you can easily pass through, and I have no guilt or fear of you.". Mamoon was so astonished by this answer and asked "What is your name?" The Imam said, "Mohammed, son of Ali Al-Razah (a.s.)". As Mamoon rode off, he realized that Imam Jawwad was as special as his father, Imam Ali Razah. So he decided to marry his daughter to Imam Jawwad. Mamoon hoped if they would have a child, he would also be his successor through the Imam. Later in life, Imam Jawwad agreed to marry Mamoon's daughter, but she did not have any children. There Mamoon's plan failed.

After Mamoon, the next unjust ruler, Mutasim, openely disliked Imam Jawwad due to his popularity, knowledge, and piety. Mutasim plotted and finally ordered the Imam to be poisoned. Imam Jawwad was martyred at a young age of 25. He was buried next to his grandfather, Imam Musa al Kazim in Baghdad, in the area called **Kazmain**.







Al and Our Future

Artificial Intelligence influences the job industry with positive and negative effects. Most likely, where AI has replaced a few certain positions, it has made new ones in the process. Cyber security, data analysis, and AI development demands a mix of technical and human skills to produce the best result.

The sole purpose of AI was to make machines that can perform human like tasks. While AI is less error-prone for tasks that require speed, precision, and accuracy, humans are required for tasks demanding a rational approach, flexibility, and emotional skills.

They both complement each other very well. They leverage each other's strengths to compensate for each other's weaknesses. At has further empowered human workforces. The use of At in various fields like medicine, manufacturing, security, etc. has provided a hand of support to humankind.

Moreover, AI offers opportunities for skills development in professions. It gives out honest feedback, demanded sources, worldwide information, and required knowledge to improve talents and skills.

Where AI has provided humans with the comfort of certain tasks, it does require human support. Individually, both AI and humans cannot produce the desired results that a powerful combination of them can. AI's vast sense of knowledge and humans' sense of creativity and imagination can do wonders in working futures. Adapting to influence of the AI and availing of it, can result in an innovative, productive, and bright future.

Riddles

- 1. What can run but never walk?
- 2. What can be touched but can't be seen?
- 3. Which table does not have leas?
- 4. What is the end of a rainbow?
- 5. What has five fingers but is not alive?



- 7. Have feet but no legs?
- 8. Where is today before yesterday?
- 9. What goes up but never comes down?

River, Heart, Periodic table, "w", Gloves, comb, Snail, In a dictionary, Age



Why did the deer go to the dentist? It had buck teeth.

What did the big flower say to the small flower? Hey there bud!

Why do fish live in saltwater? Because pepper makes them sneeze.

What did the thermometer say to the graduated cylinder? You may have graduated, but I have many degrees.

What did the frog say when he heard "time flies when you have fear"?

Time is fun when you are having flies.

Tongue Twiste

Sort three short sword sheaths

Professional pumpkin pickers are prone to pick the plumpest pample.

A short sharp shock from a cheap and cheesy chopper

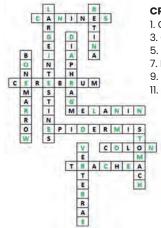
Bubbly bumble bees buzz beneath the beautiful blue band.

The summer sun sure shines strongly on the sunny seashore.

Finding flying fireflies with friends is fun.

Petra plays on the pool patio and picks a pine apple peach popsicle.

Solution of Brain Teaser of 17th Edition of Akkas

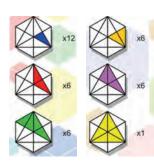


CROSS

- 1. CANINES
- 3. CEREBRUM 5. MELANIN
- 7. EPIDERMIS
- 9. COLON
- 11. TRACHEA

DOWN

- 2. RETINA
- 4. BONEMARROW
- 6. DIAPHRAGM
- 8. STOMACH
- 10. VERTEBRAE
- 12. LARGEINTESTINES



Score=37

.fun with Language



Confuse Words

1. Plain: Simple

2. Stationary: Not moving

3. Weather: Atmospheric Condition

4. Coarse: Rough

5. Break: Smash

Plane: Flat surface

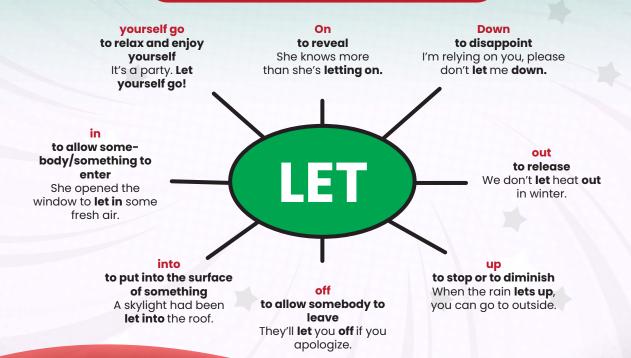
Stationery: Writing paper

Whether: If, in case

Course: Way or path

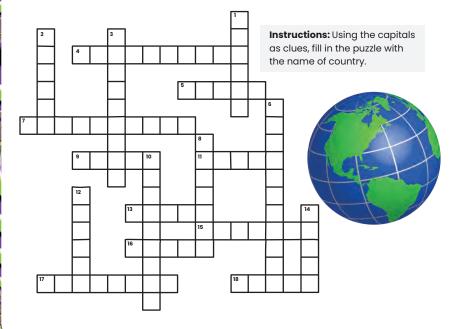
Brake: Stopping device

Phrasal Verbs



Brain Teaser

A



Across

- 4. Seoul
- 5. New Delhi
- 7. Wellington
- 9 Beijing
- 11. Cairo
- 13. Nairobi
- 15. Abuja
- 16. Rome 17. Bangkok
- 18. Madrid

Down

- 1. Brasilia
- 2. Paris
- 3. Canberra
- 6. Johannesburg
- 8. Berlin
- 10. Buenos Aires
- 12. Moscow
- 14. Tokyo



What number should go in the space where the car is parked?

16 06

8



98

Children!!! You can win exciting prizes by answering the following questions, latest by **10th July 2024** and send them at **akkasgames@gmail.com**. Five lucky winners, provided with correct answers along with complete name, class and GR# will be selected. Repeated and late entries will not be considered and entertained.

Winners of 17th Edition of Akkas Syed M. Rayyan Naqvi Musa Raza Mehdi Raza Abiha Zehra Class: VI A Class VII A Class IX A Class: X C GR: 1303 GR: 809 GR: 724 GR: 1430 Sports Sports

Poolside Pointers

It is a great pleasure to have our own swimming pool, meticulously designed to meet **high-quality standards here at Green Island Foundation School**. Not just a pool, we are also offered exciting swimming experiences with a trained instructor.

Swimming classes, integrated into the school curriculum, offer students, structured learning opportunities focusing on **water safety and fitness**. Following is the breakdown of steps involved in these beneficial classes.



Firstly, water safety education is emphasized. Students are introduced to essential water principles, including **pool rules**, to ensure their safety.

Next, students learn basic swimming skills. Starting with fundamental skills like **floating** and **kicking**, they gradually acquire proper body positioning and breathing techniques, boosting their water confidence.



Breathing control is another crucial aspect. Students practice rhythmic breathing techniques synchronized with their strokes to enhance efficiency in water.

Wearing an appropriate swimming costume is integral for implying proper swimming skills, maintaining hygiene, and water safety.

Maintaining self-hygiene is also very important. One must shower before entering the pool to brush off any dirt and make the experience joyous for all.





One must avoid throwing any sort of **trash, wrappers, gums,** etc. while swimming to ensure the cleanliness of the pool.

Moreover, swimming classes contribute to overall fitness, providing students with gentle exercise options that improve muscle strength and flexibility. Regular swimming can also help **reduce stress and anxiety**.



In conclusion, swimming classes offer an **amazing experience**. Learning to swim with teachers and friends is not only fun but also a valuable skill-acquisition opportunity. Thank you GIFS for this wonderful experience.



Swimming Classes at GIFS

Ting, ting... As soon as our last block ended, our teacher informed us about the arrangement of swimming sessions for girls. My entire class became extremely excited and started to cheer. "Wait, girls, listen to me carefully," said the teacher. Our teacher provided us with **instructions about swimming** and asked us to be prepared.

We reached the main campus to be welcomed by a pleasant surprise; a vast and impressive pool. We started to change our uniforms and splashed into the water. We were first taught basic swimming skills and facts by instructor **Ms. Nausheen**.

Swimming improves our **physical and mental health** and is also beneficial for our skin. It was a great learning experience in our school. Without a doubt, our school invests considerable effort in the arrangement of healthy activities for us.

Thank you GIFS, for all your contributions in **shaping our future** and facilitating us with a host of learning opportunities. I hope these swimming classes will continue with the same zeal.

Abiha Zehra - Class VII C

A LITTLE BOY FROM ROSARIO ARGENTINA

This is the story of a boy who, despite being underestimated and bullied for his short height, showcased an unparalleled talent that the world had never seen before. Born in June 1987, his name was Lionel Messi. It started with playing football on the streets of Rosario with friends, demostrating his God-gifted talent. It was a routine until his dad saw him, recognized his great talent and sent him off to a low-level club. His ability in playmaking and dribbling amazed coaches as well. The problem was that he had (GHD) Growth Hormone Deficiency, which made coaches wonder if signing him would be worth it. However, Barcelona knew he was going to shock the world and decided to sign him.

At first, he was supported by big players like Ronaldinho, Xavi and Iniesta but then Ronaldinho and Xavi left so he started to surprise people with his talent.

He **finished 3rd in the 2007 Ballon d'Or**, 2nd in 2008, and finally **won the UEFA Champions League (UCL) and Club World Cup**, along with many more trophies like the Golden Boot. He finally won his first Ballon d'Or.

Then he began to dominate many matches for Barcelona in La Liga and other tournaments, leading him to win the Ballon d'Or in 2010, 2011, and 2012. He also **dominated against his rival, Cristiano Ronaldo**, but faced heartbreak in 2014 when he reached the FIFA World Cup finals but was unable to win. But he was meant to be the greatest so who can stop him?

The World Cup 2022 was likely his last chance to shine in the group stage and knockouts. Argentina faced France in a crucial match that ended in a tie. **Messi scored twice**, but France's Mbappe netted a hat-trick, proving unstoppable. The game went to penalties, and amidst the tension, the commentator exclaimed, 'Argentina has won the World Cup, surely the champions of the world! Lionel Messi has conquered, and the little boy from Rosario has ascended to the heavens of football.' On December 18, 2022, Messi solidified his place in football history. From the streets of Rosario, he rose to become the greatest of all time."

The Global impact of War

Someone once mentioned that at the end of a war, **there are no winners or losers**; when it concludes both sides end up suffering.

The war, whether viewed as between **Israel and Palestine or between Jews and Muslims**, it had a global impact, particularly affecting Muslims. All the people worldwide protested against their government, urging them to help Palestinians.

Worldwide unity was demonstrated as people united on one common platform, **boycotting Israeli products** and showing sympathy towards the **people of Gaza**. Through these actions, people realized their collective strengths.

Sadly, the **Jews justify this genocide** as a revenge for the holocaust done by the Nazis. Unfortunately, Thousands of people die each day including children due to the Israeli Bombing even though it is a war crime to kill civilians.



As of today when I am writing this it has been almost 5 months since the war started and Israel severed the Palestinians' access to **food**, **electricity**, **and clean water**. Now, their homes are destroyed, and they have no food or clean water. They're living in tents and eating grass just to stay alive.

Surprisingly, this war also decreased Islam's phobia and many people reverted to Islam. This change shows that the **war is affecting people in different ways**. In conclusion, this war has both positive and negative **impacts but a war is never good** and always causes more harm than good so this is a collective hope that this war ends soon.

S. Rooh-e-Zehra - Class X C

Minar-E-Pakistan

Minar-e-Pakistan, standing tall in Lahore Pakistan, is a significant monument commemorating the **Lahore Resolution of 1940.** This towering structure, reaching a height of 70 meters, is more than just a landmark; it symbolizes the collective aspirations and struggles of the people during a crucial period in the nation's history.

Constructed in **Iqbal Park, Minar-e-Pakistan's architecture** is a captivating fusion of modern and Mughal influences. At its base lies a circular platform adorned with marble slabs inscribed with the text of Lahore Resolution in English, Urdu, and Bengali. This serves as a timeless testament to the unity and determination that laid the foundation for the **creation of Pakistan in 1947**.

Beyond its historical importance, Minar-e-Pakistan has become a cultural touchstone and a source of national pride. The monument's strategic location in Lahore, surrounded by greenery and adjacent to lqbal Park, makes it a popular destination for both **locals and tourists**. The three-tiered structure not only stands as a visual spectacle but also encapsulates with the essence of Pakistan's journey towards sovereignty.



Rehab Fatimah - Class VII D

Life's Reality

It's really easy for some people to be treated with all the luxuries in the world while others suffer in silence. The best doctors and their expensive treatment do not; however, ensure revival of one's life. It needs a big heart to look at someone struggling and not being able to meet ends. I also took my life for granted until one day an event totally changed my perspective of life.

It was another day of me wasting my time using my phone and not studying. Hours passed by and I felt bored so I asked my parents if we could go out to have fun since I was lazy enough to study. My parents reluctantly agreed.

The roads were busy letting everyone pass one after another. The signal was not taking a minute to stop, and I was wondering how this day would not get any worse. It eventually did. Two motorcyclists carelessly riding without their helmets on, were waving at each other from opposite directions. They both seemed to be friends. "How nice it is to see people enjoying themselves with their friends. After all life is all about enjoyment." But reality hit me hard when the next moment those boys were seen lying unconscious on the road. People started gathering around as the two were sinking in their own blood.

I couldn't comprehend what I saw. It gave me a shiver down my spine, thinking it could have been me who was also walking sloppily on the road. Later the boys' parents arrived, asking the doctors to do everything in their means. But all went in vein as no luxury could ever buy a new life. Only now, I know how precious life itself is!

Meraj Batool - Class IX D

The Beauty of Sunrise

5:15 a.m. I woke up to my alarm ringing and echoing in my room. Het out a sigh in hopes of a better day today as my room was a mess and I hadn't brushed my hair for days.

I walked over my window, feeling like thrown into a dumpster. The trees swoosh and swish left to right with a cold breeze brushing over my skin. The city looks so small from up here. It all looks a bit too unreal.

The tree in my backyard that once was a sprout is now a home to birds. I stared at the nest I envied the baby bird that was being embraced by its mother's warmth. I shifted my gaze to the street in front of my house to find a father playing with her daughter. I felt my chest tighten and my heart aches. I wanted to look away yet I could not move, it felt as if I was in sleep paralysis but I was awake or was this really a dream?

My eyes flickered as this huge star shone before me. I realized how I had not seen light for a good whole week. I lay dead on my bed basking in the warmth of that darkness of my room. The sky changed its color to a gradient of blue, yellow, and white with a hint of orange and purple.

The sick feeling in my stomach disappeared and I took a deep breath out of relief. The beauty of the sunrise sowed flowers and picked out the thorns around my heart. I instantly felt a sense of belonging as the cool air hit me. Once again, maybe life is not as bad as I overthink.

TripToFaisalMosque

Last summer, my family and I decided to embark on a memorable journey so we headed to Islamabad where we were captivated by the beauty of Faisal Mosque. A famous Pakistani mosque that symbolizes Islamic Architecture.

As we approached the entrance, we were awestruck by the gleaming white marble surrounded by Margalla Hills in the background. The Mosque's design was stunning and majestic. We were truly mesmerized by the beautiful sight.

Upon our entrance, we were welcomed by the serene atmosphere of the mosque. The patterns on the walls and the huge chandeliers above our heads offered us an amazing view. We joined others in offering the Zohar namaz. After the prayers we explored the inside, to be more fascinated by the structure, design, and luxurious carpeting.

After stepping out of the mosque, the magnificent blooming gardens filled with fragrant flowers made our hearts skip a beat. As we walked along, we saw a big sign stating, "Plucking flowers is not allowed" a valuable lesson indeed to learn. Our visit to the Faisal Mosque was an experience of a kind. I'm grateful to my parents for taking me there.

Mutahhara Abbas - Class VIII C

Effects of Inflation in Pakistan

Inflation is a common and ongoing topic nowadays. In Pakistan, inflation has adversely affected people's lives leading them to miserable conditions. It affects people's daily life and concerns them about their future. People are deprived of life's necessities as they cannot afford the high prices.

The inaccessibility of these necessities leads the bread earner of the family into **complexity and psychological issues**. It even sometimes leads to committing suicide because of the depression, to meet ends.

It also affects the future of our country because many families cannot afford the high expenses of education for their children. This has lowered our literacy level to an unbelievable extent. The children of this country then lose many opportunities for their personal and professional growth and development. Due to a lack of education, these children remain uneducated and our future is at stake.

Due to inflation, many people try to seek online opportunities to earn but unfortunately, get trapped in forgeries. This also leads to conflicts between family members and can lead to domestic violence. The Government of Pakistan should take effective steps for this issue because it is influencing and poorly affecting the people of Pakistan. They should take the matter into serious consideration as soon as possible.

lung disease is also an

effect of air pollution.

Clean Pakistan is a Green Pakistan!!

Have you ever thought of the main reason for environmental pollution? It is solely due to our misleading concept to only clean our homes and not be bothered about the cleanliness of our streets or even our country. There are three types of major pollution; Air pollution, Water pollution, and Land pollution that are responsible for polluting our environment.



Pollution is hazardous to our health and environment. We can reduce it by cleaning our streets, surroundings, and water to ensure our safety. Plantation of more trees can also reduce pollution.

pollution.

Discovering Programming Languages

M. Mehdi – Class VIII A

Today, let's explore the world of **programming languages**. But first, what exactly is a programming language?

Programming languages are like special codes that computers understand. They're super important because they help people create all sorts of cool stuff on computers, like apps and games.



Now, let's check out some popular ones:



Python:

Pýthon is like a friendly helper in the world of programming. It's really good at handling data, making websites, and even teaching computers how to learn from data (that's called machine learning!).



Java:

Java is like a big
toolbox full of tools for
making all kinds of
things. People use
Java to build big apps,
like the ones on your
phone, and fun games
that you can play.



C++:

C++ is a bit like a secret code that unlocks special powers for making software. It's used a lot for making programs that work on computers, like programs for making art or solving big problems.

So, why do I think **Python is the best?** Well, it's because Python is really easy to learn, even for beginners. But hey, every programming language is pretty cool in its way! **It's like picking your favourite flavour of ice cream** – they're all yummy, but everyone has their favourite.

Ready to dive into the world of programming languages? Go ahead and give them a try – you might just discover something amazing!

Journey of My School Life

M. Saqlain - Class VIII A

My journey to school began when I was three years old. My mom used to wake me up and take me to school. On my first day of school, I remember I wasn't unaware of where I was taken. I did not want to go as I wanted to stay at home. Soon we reached a big building; everyone called 'school'. Suddenly, to my horror, my mom placed my hand in the teacher's hand and walked towards the exit.

I was scared! I started crying and calling my mom to take me with her. But she didn't listen to me. Afterward, another teacher came and took me to a class full of students. I sat there to wait till my mom arrived so we could go home.

The moments felt dull until a boy came to me and asked me to be his friend

rom that day I was interested in going to school because my friend used to wait for me. Gradually, as we grew up, our studies became increasingly difficult. When I was in class two, I was very interested in studies which enhanced my grade from B to A+

Then, the mobile phone became a part of my life to only affect my studies. My grades started to decrease. When I was in class 4, Corona took place in 2019. It was a very dangerous virus that killed millions of people. To stay safe, the schools were closed, and online classes were held.

In online classes, I always started the class on Zoom and would often watch YouTube. Whenever the teacher asked to turn on the camera, I would give the excuse that I had an internet issue, and the teacher would agree.

Those classes were fun; however, the studies were disrupted. I enjoyed those classes but on the other hand, my grade was much reduced. The only benefit was that we were promoted. Then when I was in classes 6 & 7, I increased my grades by taking an interest in studies. My expedition from the first day of school till class 8 was very entertaining but hassled. Now I am continuing my studies with a hope to get better grades.

A Scary Night

It was a chilly night in winter, and I was all alone in my room, getting ready to sleep. The clock showed 12:30, and I felt a bit scared because it was dim and hushed. Suddenly, the window in my room creaked open, an icy wind swept in, and an eerie sensation of being watched enveloped me. I tried to see who it was, but it was too dark to see anything outside.

Even though I needed to use the bathroom, which was upstairs, I was too scared to go alone. But I couldn't wait any longer, so I went bravely. Afterwards, I sought solace in a late-night snack, venturing into the kitchen. The fridge yielded only bananas and a glass of milk, so I decided to make a banana milkshake. Gathering all ingredients, as I started the blender, a sudden power outage plunged the house into darkness, sending a surge of panic through me. Hastily, I secured all the doors and windows, yet the feeling of being watched persisted.

I ran back to my room, hoping to forget about everything and go to sleep. Every little thing in my house terrified me - whether it was a fluttering curtain, a door moving, or the sound of a toy shifting. I quickly hid under my blanket, recited all the surahs I could remember, and eventually fell asleep.

I was startled when I felt something crash onto me. As I woke up shouting, I realized it was my cousin, waking me up for breakfast. A relief washed over me. I quickly told my family and cousins about what happened last night, but I still felt scared. It was a night I'll always remember, showing how scary it can be to be alone in the dark.

M. Bagir - Class VII A

A Day with Entends

Last week, my friends and I had an unforgettable adventure at a farmhouse. We all contributed to renting it for the day, and it turned out to be the best decision ever!

Our day started bright and early at 7:00 am with a hearty breakfast. We had the place all to ourselves from 8:00 am until 12:00 pm the next day, giving us a remarkable 28 hours of fun.

The highlight of the day was the pool. It was massive! We spent hours splashing around, playing games like catch and racing each other. When we got hungry, lunch was served - biryani, cold drinks, bun kabab, and salad. It was delicious!

After lunch, we moved indoors for some friendly competition. **Ludo, UNO, Table Tennis, Ccarrom Board, and even Snooker** – you name it, we played it! We even had a mini cricket tournament in the backyard.

As the sun set, the **pool looked so inviting under the starry sky**. Some of us took a dip while others played Football. A few friends even nodded off under the twinkling lights.

The next morning, we squeezed in one last swim before packing up reluctantly. Before hitting the road, we gathered for one final meal together.

It was a memorable day filled with laughter, games, and good food. I can't wait to do it all again next year!

Greening Our Future

The Power of Tree Planting

"Today, Earth faces numerous challenges, with pollution being one of the main ones. **Do you know how we can reduce pollution?** We can start by throwing litter in the dustbin and cutting down on smoke. But perhaps the most effective way is to plant more trees. Not only does pollution harm our planet, but it can also lead to diseases. By planting more trees, we can contribute to a healthier Earth and ensure a sustainable future for generations to come.

Planting trees offers countless benefits. **Firstly, trees help combat climate change by absorbing carbon dioxide during photosynthesis.** This not only reduces the greenhouse effect but also lowers overall temperatures. Trees also provide crucial support for wildlife and help maintain the balance of ecosystems. Additionally, they prevent soil erosion, improve water quality, and create a stable environment for other living organisms.



Moreover, planting trees is a simple yet effective way for us to make a positive impact. Even in our local communities, planting just one tree can make a significant difference. As trees mature, they provide shade and add to the beauty of our surroundings, making our areas more pleasant.

Let's pledge to make a difference by actively participating in tree planting. As responsible citizens, we have to preserve the environment and strive for a better future. Each tree we plant enhances beauty and benefits our planet, ourselves, our communities, and future generations.

Muhammad Mehdi - Class VII A

Communication Beyond Spoken Words

Have you ever wondered what would happen if we couldn't speak? Even without words, there are numerous ways to communicate. We can write, gesture, or use sign language to express our thoughts and feelings. A simple smile or a gentle glance can convey a powerful message. Art, too, provides a unique outlet for expression – whether through drawing or painting, we can communicate our innermost emotions.

The inability to speak does not hinder our ability to connect with others. Non-verbal forms of communication can be just as impactful as **spoken words**. They allow us to share our thoughts and ideas in creative and meaningful ways.

It's important to consider those who are unable to speak fluently. We must strive to understand their feelings, thoughts, and ideas. **Even without words**, they communicate through gestures, smiles, or other forms of expression. By recognizing and acknowledging their means of communication, we foster a more inclusive and compassionate society.

Let us remember the power of non-verbal communication and its significance in our interactions. Regardless of our **ability to speak**, we all can **connect** and **understand** one another through **various forms of expression**.



















Aayan Hassan - Class VII A

Ramadan in Pakistan

Ramadan is the month of forgiveness and happiness. While Ramadan in other countries is good, Ramadan in Pakistan hits differently. Let me tell you about the vibe of Pakistani Ramadan.

It's the **Chand Raat** when it is confirmed that we are now in the holy month of Ramadan. Everyone has a smile on their face, and some people go to do grocery shopping for Ramadan. Ramadan before COVID was much better, but Ramadan in lockdown has a separately high fan base. During Ramadan, every person becomes a gamer and sportsman, playing cricket or e-games till Sehri.

In this month, we have two types of people: those who remind us how fast Ramadan is going while fasting, and those who face difficulties in fasting due to their jobs, temperature, thirst, etc. At the time of Sehri, there are two kinds of people: those who do not sleep the whole night and those who wake up just to have a pre-breakfast. In Ramadan, life becomes hard for women. They have to cook several dishes, wash the dirty plates, etc. We must be thankful to them for their services to us.

Just before Iftar time, the streets of Pakistan become a chaotic maze of rushing cars, bikes, and pedestrians, all racing home to break their fast. It's like a real-life game of "Pakistani Ramadan Rush Hour."

Despite having planned out the Iftar menu in advance, there's always that one person in the family who can't decide what to eat first when the time comes. Should it be **pakoras**, **samosas**, **fruit chaat**, **or jalebis?** The struggle is real!

Last but not least; The moon sighting for Eid can turn into a nationwide comedy show, with conflicting reports, hilarious memes, and debates among family members about whether they should trust the official announcement or wait for "Ammi ki phuppo ki beti ki saas ki khala" to confirm.

Now think and share more facts about Ramadan in Pakistan.

"O Allah, bless all those who fast in Ramadan. Grant them strength and patience, shower them with mercy and forgiveness, and accept their prayers."

Ali Hur - Class VIII A

Significance of Reciting Dua-e-Joshan-e-Kabeer

Dua-e-Joshne Kabeer, the great armor has been narrated by the **prophet Mohammad (s.a.w.w.)**. The prophet of Allah (swt), was revealed it by the angel Jibraeel during one of the battles. The Prophet (s.a.w.w.) wore a very heavy coat of armor which was hurting his body and at that time the sacred angel; **Jibraeel (a.s.)** came to the prophet and asked him to take off his coat and recite this dua.

There are miraculous benefits of reciting Dua-e-Joshan-e-Kabeer for e.g. it serves as a **shield for the reciters** and **protects us from suffering and ill-doings**. Recitation of this dua guarantees success in worldly matters as well as of hereafter. If one writes this dua on a coffin, Allah (swt) will not lead the hellfire to harm him. **It cures eye diseases and infections**. The countless blessings of Dua e Joshan e Kabeer shower over the reciter and bring him serenity and peace. It is, therefore, highly recommended by the infallible to recite this dua with honor. It is more specifically advised to recite during the **laylatul Qadar in Ramazan**.



The Greedy Wolf and the Clever Fox

Once upon a time, a fox was passing by the jungle when suddenly a wolf came out of nowhere. The wolf said, "I am so hungry. I will eat you." The fox said in reply to the wolf, "Please don't eat me and follow me for I know a place that is full of tasty food."

The wolf then followed the fox to an old cottage. The shabby house had a blemished roof and an old wooden door. It also had two rusty windows. The cottage belongs to an old grandma who lived there alone. The Wolf and the fox came through the window looking at the old grandma who was baking a cake. She put the cake on the table and went out of the kitchen. The acquaintance jumped into the kitchen to eat the cake. The Wolf

ensuring to close the kitchen window halfway.

The wolf did not see the fox running towards the jungle because he was busy eating the cake. The granny saw the wolf devouring the cake. She quickly picked up her stick and started beating the wolf. Tash!! Tash!!! The wolf tried to escape through the window but he was too fat to pass through it. He was beaten up while the clever fox saved his life from him.



Fizza Fatima - Class V C

A Regret in Vein

It was about last year when my grandma was very sick and she was admitted to a hospital. My mother could not take us to see her as kids were not allowed there and our final assessment was also round the corner. Grandma stayed in the hospital for about a week or so. I remember we were not given off by our tuition teacher as the hospital timings were the same as hers. Two days before our final assessment, I came home early at about 5:00 pm from the tuition. Only that day, I had a chance to visit my sick grandmother. But guess what? I found my mother's mobile phone that I had not used for so long. "You could use it for some time as we have to visit your grandmother", my mother said to me. I was deprived anyway. It was so much fun playing games on the phone. 6:00 p.m., my mother asked me if I did not want to visit my grandma. I denied it

> because I was too busy using the phone. So, my mother went alone to the hospital while I kept enjoying myself and had my favorite meal before I

slept. I thought I would meet my grandma tomorrow. I was asleep when my mother's phone started ringing. "oh! This phone has distracted my sound sleep grr!!" I answered the call reluctantly. It was my cousin who was hysterically crying on the phone and repeatedly saying, "Our grandma is no more, our grandma is no more." I was shocked. I just couldn't comprehend what she was saying. Everyone

was with my grandmother in her final moments. They all were crying together while I was sobbing alone. Instantly, I was unable to accept anything. When I came to my senses I realized how every second of our life is precious. I had a chance to visit my grandmother and spend some time with her in her last moments as everyone did. But I was using my phone. I did not realize that she wouldn't survive. I wasted my time and put off the visit for tomorrow, which never came.



An Advanced Conversation

Not very long ago, in the early morning, I was having delicious hot tea while enjoying the beautiful scenery. The sun was rising like, it was the king. It sounded like all the birds were singing for the sun, it seemed as if the clouds were waving and the trees were dancing in joy. Upon the sunrise, the moon smiled and said goodbye to everyone. It was all peaceful until my irritating younger brother approached me; and said, "Can I please ask you a question?" I knew, now, I could not enjoy nature. But, I agreed to reply to him. He asked, "What is Al?" I was shocked because I never knew my brother liked to learn new things. However, I was happy too because he was trying to learn something. I decided to tell him about Al. "Al stands for Artificial Intelligence. It refers to the simulation of human intelligence processes by machines especially, computer systems.

He looked at me in a way that showed him the most confused person in the entire world so he asked, "How is this computer system beneficial for humans? Are there any disadvantages to it?" Now I did not know how long this conversation would go. I gently started telling him the benefits of Artificial Intelligence.

"It is based on humans' vast thinking. It can help humans with anything, for example, we can get rid of boring things. It can help us in making smart choices or decisions it keeps things safe and it also helps us in spending our time gaining knowledge." He asked, "But how?" It was a frustrating question but I calmed down and braced my mind to make him understand once again. I started, "AI can do the repetitive tasks so, people can focus on more interesting stuff. AI can look at lots of information and make decisions faster and smarter than people. It keeps things safe. AI can spot dangers in cars and factories and prevent accidents. AI chatbots can answer questions and help anyone anytime."

"It's cool, right?" he asked me. **"Yeah, it is."** I agreed." Does it have any disadvantages too?"

He further asked. "Absolutely! Everything has its advantages and disadvantages, and AI is no exception."

"As you know, science is developing itself every single second. But we all know nothing is perfect while AI can indeed enhance safety, efficiency, and convenience in various aspects of our lives, it also raises concerns regarding privacy, job displacement, and potential misuse. Additionally, the reliance on AI systems can lead to a lack of human oversight and accountability, potentially resulting in errors or biases that may go unnoticed. Therefore, whether AI ultimately benefits or harms depends on how it is developed, implemented, and regulated, highlighting the importance of responsible and ethical use." I stated.

He was so lost in our conversation that he didn't even say anything because he was lost in thought until I interrupted him and said, "Mom is calling you." He felt a pang of guilt, pinched me lightly, and dashed off.

"Ouch! That stings," I exclaimed, laughing at the playful gesture.

In conclusion, I'll just say that we should **learn to use AI** because, in my opinion, the world can be completely **changed for the better** with the right application of Artificial Intelligence.

Dreams

Everyone experiences dreams, and they know what a dream is. But dreams can't be easily described. A **dream is like a film** that you watch when you are asleep. For example, when you meet a great personality and think of them the entire day, you might also see them in your dream. Similarly, if you've watched something scary, you might have a horror dream. Have you noticed that when



you are sick, you often have dreams that make no sense? For instance, you and your friend might find yourselves on Mars fighting aliens, even though you haven't been thinking about Mars or aliens all day. The interesting thing is that **we usually don't remember about 90% of our dreams** because our brains don't think they're important, so they delete them. But have you ever wanted to remember a dream? That's why I say dreams cannot be easily described.

I'll share one of my dreams. After a long tiring day, when I finally fell asleep, I could see my entire room in my dream, down to the socks I had left on the table. Then, I noticed a **snake in the corner**, coming towards me. I couldn't even lift my hand, but suddenly, I found the strength to wake up. At the time, I thought it was a bad dream, and I tried to brush it off. This type of dream is called **sleep paralysis**.

I think many of you can relate to my experience. There's another type of dream called a **premonition dream**, where you dream about something that happens in the future. It's very rare, and I haven't experienced it. For example, you might dream that you won't go to school, and the next day, you end up not going. **Isn't that fascinating?**"

Muhammad Ahad - Class IX A

The Power of Silence

Our world is filled with a constant noise and it is hard to feel the power silence holds. Silence offers numerous benefits to us. It cultivates inner peace and may refresh our minds. If a place is surrounded by silence, and there is no noise, it would help us develop deeper understanding and increase creativity. It might promote emotional intelligence also. Silence encourages imagination, which results in having new ideas to solve problems, and even having innovations. It makes our listening skills better and enhances our concentrations. This does not only help in our academics but also our sense of clarity.

It has many benefits. If one understands the power that silence holds, one would never speak, but where necessary. As they say, speech can be silver to the maximum, but silence is gold!

S. Asghar Abbas - Class VI A

How NOT to Pass in Exams!

Everyone tells you the tips on how to get through in your exams. Today, I will tell you some very important and effective tips on how NOT to pass your exams. Here you are:

- · Continue watching TV even at the time of preparation for a test.
- · Never ever complete your homework.
- Do not pay any attention to your teachers during lessons.
- Play fingers cricket during class. (Warning: The teacher should not be able to catch you!)
- Try to disturb other students also during the lessons.
- · Never revise lessons.
- · Keep playing all the time.
- · Go to bed late at night.
- Use 'WhatsApp' to chat with your friends, as much as possible.
- Do not work hard; you know, 'health is wealth'!
- Be absent from school, as much as possible. After all, we should take rest also!
- If, by chance, you are willing to study at any time, play games on phones to divert your attention from studies.
- Don't ask any questions related to studies from any teacher.

I hope these tips will really help you, if you are willing not to pass your exams.

Hey! Stop! But what to do if we are willing to pass? Easy! Just do otherwise.

S. M. Hussain Akber, S. M. Ashar Raza, M. Mehdi Hussain, S. M. Hesekiel (Class VI A)

Fun Facts about Fruits

Strawberries are technically not a berry.



Tomatoes are a fruit, not a vegetable.



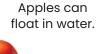
Not all oranges are orange.



Bananas are slightly radioactive and technically they are herbs.



Some Japanese farmers grow square watermelons.





FC BARCELONA

Muhammad Hadi - Class VIII A

One of the best football clubs is more than just a club.

FC Barcelona is known all over the world – even people who are not interested in football will most likely have heard of the club. The club has become a symbol of Catalan culture and Catalanism through the years, with the motto "Mosque un club" (More than a club.)

Founded by a student:

Hans Gamper, who was a Swiss student, moved to Barcelona in the late 1890s to learn Spanish. In 1889, Garner decided to found a club, and that's when FC Barcelona was born!

EL Clasico:

The two most successful Spanish football teams, FC Barcelona and Real Madrid, are fierce competitors. The rivalry is said to come from the Franco dictatorship. Real Madrid was a symbol of nationalism and was supported by the dictator himself. Yet another explanation for such competition is that those two cities are the largest and richest in Spain.

The Farmhouse:

FC Barcelona also has its youth academy, where many star players graduated from La Masia, which strangely translates to "the farmhouse" and was once home to Andrés Iniesta, Carles Puyol, and Lionel Messi. The academy has a whopping 300 students and is continually being praised as the best in the world.

Own Style of Play:

Johan Cruyff joined Barça in 1988 as a manager, and he is credited with the creation of the world-famous 'Dream Team'. He is behind Barcelona's distinctive style of play, known as tiki-taka, as well as the total Football philosophy.

Interesting Fact:

The home of FC Barcelona, Camp Nou, is Europe's biggest football stadium. The EL Clásico is the second most-watched football game worldwide after the Champions League final. FC Barcelona is one of the few clubs in the world to be owned by the club members themselves.

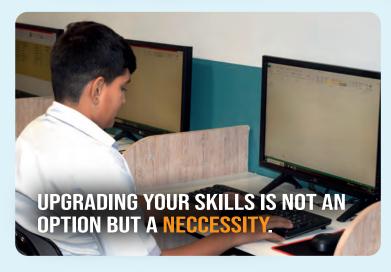


Memories 34





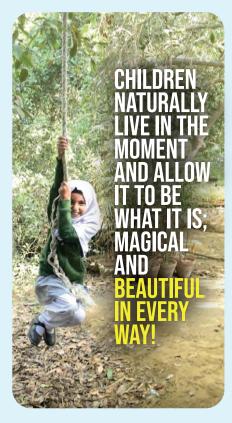




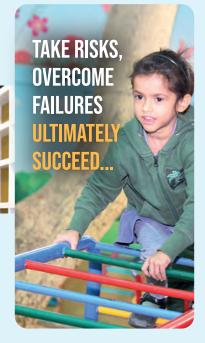








35





International Bebras Informatics Contest (IBIC)

I participated in many International Contests and received star badges but this time it was different. I was overjoyed when I achieved a bronze medal in the **International Bebras Informatics Contest**.

On December 7th, 2023, amidst my Midterm exams, I was determined to participate in the contest. I started practicing it before my exams. I tried my best to solve my IBIC test. It is a logic-based contest so I have to be spontaneous and logical.

Alhamdo Lillah! I achieved a Bronze medal which was surprisingly a pleasant news for me.

I am very grateful to Allah (swt) and Aimma-e-Masoomeen (a.s.), for bestowing me with their blessings and also present my heartiest gratitude towards my school for allowing me to attempt and succeed!

Thank You!









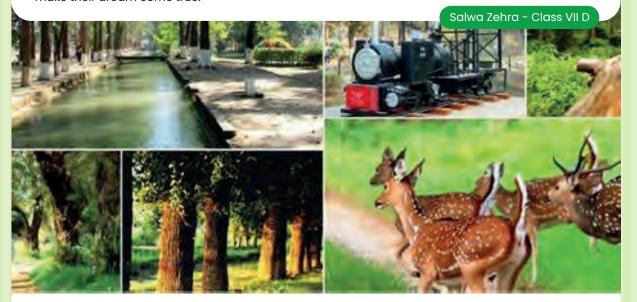
Young Patriots 3

Pride of Pakistan

The two Pakistani young siblings Shifa and Salar gained international recognition for acing in their O-level and A-level exams at a very young age. Shifa, the sister, cleared her O-level exams at the age of 9 and her brother, Salar, cleared A-level exams at the age of 11 while the age limit to O-level exams and A-level exams is 14 to 16. Their achievement was widely reported in the national and international media to inspire many young students in Pakistan. Their success is a testament to their diligence, dedication, and the support of their family. They have shown that with passion and perseverance, anyone can achieve their goals, regardless of age, ethnicity, and financial background. This remarkable achievement demonstrates the well-stated quote;

"Where there's a will, there's a way!"

The key to their success is their willingness to work hard. Your eyes should be on ambition and must believe in yourself. With early exposure to education, a learning environment, and resilience one can make their dream come true.



The Hospitality of Pakistan

M. Hassan Mujtaba - Class IX A

Pakistan is bestowed with abundant blessings from natural resources to dense forests of **Changa Manga**. Above all, our rich culture and heritage are a source of pride for us for its unique illustration and people's kind disposition. Pakistan has also dominated the hospitality sector by being one of the most hospitable countries in the world.

Pakistan is one of those few countries always ready to welcome newcomers and foreigners. It is mostly observed that people from affluent backgrounds are known to be more generous. However, the people from rural areas, are mostly impoverished and illiterate but their kindness and hospitality inspire many foreigners to visit Pakistan over and over. Places like **Peshawar**, **Gilgit**, **and Malam Jabba** are not just spots for tourist attractions but also offer great warmth to the visitors. They will sacrifice their needs for the guests and call it their honor to host them. This is part of their tradition to honor the guests with all they are capable of. People will refuse to charge for anything not even a single penny from their guests and even lay their lives for the comfort and ease of their guests to demonstrate the true essence of the hospitality of Pakistan.

Young Scientist 38

Extraction of DNA from Strawberries

REQUIREMENTS:

- 2 strawberries (fresh or frozen, but remove the green leaves)
- 2 teaspoon dish detergent
- 1 teaspoon salt
- ½ cup water
- 2 plastic cups
- 1 coffee filter
- ½ cup cold rubbing alcohol
- · 1 coffee stirrer
- 1 scientist (you!)



- Place strawberries in a plastic bag.
 After closing the bag, SMASH the strawberries for ~2 minutes until nicely smashed!
- 2) Make DNA extraction solution by adding detergent, salt and water to the first plastic cup
- After gently mixing the extraction solution (until salt is dissolved), pour it into the bag of smashed strawberries.
- **4)** Reseal the bag and ***gently*** massage and mix the mixture for a minute. Try to avoid making too many soap bubbles!
- **5)** Place the coffee filter over the opening of the second plastic cup. Open the plastic bag, and pour the liquid onto the coffee filter. Then wait for the liquid to drip through the coffee filter into the plastic cup, leaving the strawberry *schmutz* on the coffee filter.
- 6) You're almost there! Pour an equal amount of cold rubbing alcohol into the liquid in the second plastic cup.
- 7) Gently move the cup around in circles and watch the whitish *snot-like* material form in the upper layer of liquid that is the strawberry DNA!
- 8) Use the clean coffee stirrer to pick up strawberry DNA out of the liquid.

Science Facts

Which insect listens with its legs?

The long-horned grasshopper has ears on both its front legs. Its ears don't look like ours, of course. They 're tiny holes with skin stretched over the top - a bit like miniature drums.

Which insect grows without food?

Butterfly don't need food to grow, but they love to sip sweet nectar from a flower now and then. It's a fuel that helps them to fly.

Which insect is fastest runner?

The tropical cockroach is the fastest-known runner in the insect world with a speed of 5 km per hours.







In the land of green and white so bright, March comes with a special sight. It's the 23rd of March, a day made so grand, When Pakistan's story, we proudly stand.

Iqbal's dream and Jinnah's grace, We celebrate our special place. Heroes of the past, with hearts so brave, Their sacrifices, and the freedom they gave.

On this day, let's remember it clear, Our love for Pakistan is so dear. With flags waving high, let's sing and cheer For our country's future, so bright and near.

March 23rd, a day to show, Our unity and pride, let it glow. For Pakistan's glory, we'll strive and strive, **Happy Pakistan Day** let's keep it alive.

Eshaal Zahra - Class VIII C

Young Poets 40

GLEE AT SPACE

No matter how far away from home, Searching about it through the chrome.

Wondering how the stars gaze, Meteors running for the race.

Looking through the telescope, Watching meteor showers is my hope.

Planets looking like shinning pearls, Even more beautiful than all these girls.

Looking at the stars, Admiring from a far.

Muskan Zehra - Class VIII C





Whimsical Tour

In a ship floating through the outer space, All these meteors were busy in their race.

No matter, how much you try to count, looking up from the top of the mount.

Staring at these planets and stars, Guessing either if it's Jupiter or Mars.

All with different sizes and shapes, Looking like individual round grapes.

The more I traveled the more I saw, Possible through all the science law

It just just looked like a dream, The prettiest thing I had ever seen.

Mehdia Raza - Class VIII C



Please send these clouds abroad, I look at the window, looking for the rain,

But finally, I saw, seven colors shining in the lane.

Young Poets 42

My New Campus

When I entered my new school, Mehdi pranked and made me fool. As we gathered for assembly, Ali whispered about the pool.

Our class looked very nice, We chose our seats with thoughtful guise. During the break, we went outside, To explore few lovely sights.

The event hall was very cool, Besides the library; of our school. There I saw, some books abound, Treasures of knowledge all around.

Parents toured the campus-wide, Saw the rules posted with pride. Then they met my teacher right. Warmly welcomed, with a smile so bright.





Too much work!

Work, work, work it never ends, Piles of tasks, scarce time with friends. Stack of papers, it's quite a feat, So much work, it's hard to beat.

Hours pass, the day grows long, But the to-do list remains strong. Juggling tasks, like spinning fates, Too much work, it tests our rates.

Dreaming of rest, in peaceful nights, Yet deadlines lurk, dimming the lights. Too much work, it's hard to bear, But we press on, with strength to spare.

M. Ali Zeeshan - Class VIII A

Young Poets 43

Friends

Friends are fun, to make you smile, With them, you can walk for miles.

They're there to make you glad, With friends' help, sadness never had.

So, keep your friends close, they're a treasure, With them, life's filled with joy and pleasure.

"Through thick and thin, they'll always stay, Friends forever, come what may."

M. Salman - Class VII A





TRANSFORMATION

Once upon a time, There was a naughty boy, Was involved in many crimes, Hates to do work on its time.

His favorite game was to cheat, To win, he'd take any seat, On the bad list, he found his feat, But friends avoided his meet

But then came a change, He said sorry for his past, His life took a different range, In goodness, he found a blast.

M. Shanawar - Class VIII A

Young Chefs 44

Club Sandwich

INGREDIENTS:

Boneless chicken boiled and chopped 250 g Mayonnaise 3/4 Cup Salt to taste Black pepper to taste 03 Eggs Slices of bread 06 Butter/Oil 01 tbsp Cucumber Lettuce as required



METHOD:

- 1. First add mayonnaise, salt, and black pepper to the chicken and set aside.
- 2. Then whisk the eggs with salt and pepper.
- 3. Now heat the pan and fry the eggs.
- 4. Cut the edges of the bread and spread chicken batter on it.
- 5. Now put other slice of bread on it.
- 6. Then cut the scrambled eggs in the shape of the slice and put it on the bread.
- 7. Add cucumbers and lettuce on it.
- 8. Now put another slice of bread on top.
- 9. Cut each prepared sandwich in half or triangular shape.
- 10. The club sandwich is ready to serve. Enjoy with fries and ketchup.

PANCAKE

INGREDIENTS:

 Plain flour
 100 g

 Eggs
 02

 Milk
 300 ml

 Oil
 1 tbsp

 Salt
 to taste

 Honey
 for serving



Syed Ashal Abbas Rizvi - Class VII A

METHOD:

- 1. In a mixing bowl, combine the plain flour and milk.
- 2. Add the eggs into the bowl and mix well with flour and milk batter.
- 3. Add oil and a pinch of salt to the mixture, and stir until smooth.
- 4. Heat a non-stick frying pan over medium heat.
- 5. Pour a small amount of the pancake mixture into the pan, using approximately 1/4 cup for each pancake.
- 6. Cook until bubbles appear on the surface of the pancake, then flip it over with a spatula and cook until golden brown on the other side.
- 7. Remove the pancake from the pan and allow it to cool slightly.
- 8. Drizzle honey over the pancakes and serve immediately.
- 9. Enjoy your delicious homemade pancakes!

من پیند پکوان

سكينه زمراء: جماعت ينجم





۲۰۰ گرام مائيونيز: ۵۰۰ گرام چکن قیمه:

پیاز درمیانی (باریک کٹی ہوئی): ایک پیالی لہن (باریک کٹا ہوا) : أيك پيالي

مری مرچ (باریک کٹی ہوئی): ایک پیالی چوتھائی گڈی مرا دهنیا:

آدھا جائے کا پھی ایک حائے کا پھی

ایک مائے کا پھی

حسب ضرورت حسب ضرورت

ایک پیالی

ایک پیالی

ایک پیالی

ایک پیالی

ایک پیالی

حسب ذاكقه

چکن یاؤڈر: گرم مصالحه بیاؤڈر:

لال مرچ ياوُڈر: انڈے:

رول پٹی (اسکوائر): تيل: نمك:

فرائی پین میں دو کھانے کے چھج آئل اور کہن ڈال کر فرائی کریں پھر پیاز ڈال کر نرم ہونے تکِ پکائیں۔ پیاز نرم ہونے کے بعد چکن شامل کریں۔ دو منٹ تک تیز آٹج پر پکائیں۔ جب چکن کا رنگ تبدیل ہو جائے تو ہری مرچ، چکن یاؤڈر، گرم مصالحہ، لال مرچ یاؤڈر، نمک ڈال کر گلنے تک رکائیں اور یانی خشک کر کینں۔ اب اس میں مایونیز اور دھنیا ڈال دیجئے اسٹف تیار ہے۔ ایک پیالے میں انڈا پھینے کیں رول پٹی کے درمیان چکن اسٹف ڈال کر رول پٹی کو انڈے کی مدد سے چیکا کر باکس کی شکل تیار کر کیس کڑھائی میں آئل گرم کر کے ڈیپ فرائی کر لیں کیجئے مزیدار بائس پیٹیز تیار ہیں۔



چنا سالسه

وركار اجزاء:

ینے (ایلے ہوئے): لال لوبيه (الله ہوئے):

آلو (الله بوئ):

ٹماٹر (باریک کٹے ہوئے نیج کے بغیر):

یاز درمیانی (باریک کٹی ہوئی): مائيونيز:

حاث مصالحه:

کالی مرچ (پی ہوئی):

تركيب:

ایک پیالے میں چنے، لال لوہیہ، آلو، تمام مصالحے اور مایونیز ڈال کر اچھی طرح مکس کر کیں۔ مزیدار مایونیز چنا سالسہ تیار ہے۔



عیں تو سب کی ہوتی ہے

آج ۲۹ روزے مکمل ہو گئے۔سب کو انتظار تھا کہ شاید آج چاند نظر آ جائے یا شاید تمیں روزے ہو جائیں۔ اچانک سے ایک شور مجا چاند نظر آگیا ،چاند نظر آگیا۔ ہم بھی بہت خوش ہوئے کہ آج چاند رات ہے۔ بس امی نے جلدی جلدی اپنے کاموں کو مکمل کرنا شروع کیا۔ ہم ابو کے ساتھ بازار گئے اور شیر خرمہ بنانے کا سامان لے کر آئے۔ امی نے صبح کی تیاری شروع کر دی

اور ہمار نے نماز کے کیئے کیڑے بھی استری کیے۔ صبح کے انتظار میں کافی دیر تُک نیندُ ہی نہیں آئی ، بڑی مشکل سے رات گزری اور صبح امی کی آواز پر فوراً آئھ کھل گئی۔ گھر میں ایک شور تھا کہ جلدی سے اٹھ جاؤ نماز کا وقت ہو رہا ہے، عید کی نماز شروع ہوجائے گی۔

ہم جلدی جلدی اٹھے اور تیار ہو کر ابو کے ساتھ عید کی نماز پڑھنے چلے گئے۔عید کی نماز کے بعد ہم سب سے گلے اور وہاں پر موجود کچھ جانے والوں نے ہمیں عیدی بھی دی۔ نماز پڑھ کر ہم باہر نکلے تو ہیں نے دیکھا کہ چند چھوٹے چھوٹے بچے محبد کے باہر کھڑے بھیک مانگ رہے تھے۔ مللے کپڑے، بال بکھرے ہوئے، چپرے پر میل، ہاتھوں میں کچھ کاغذ اور آکھوں میں نہوں بہت اداسی تھی۔ وہ مانگ تو پسے رہے تھے گر مجد سے نکلتے ہوئے ان بچوں کو زیادہ دکھے رہے تھے جو اپنے ابو کا ہاتھ کپڑے نئے کپڑے ہوئے سے ہوئے سے اور عیدی میں ملنے والے پیسوں کو ہاتھ میں اہرا رہے تھے۔

بس مجھے اپنی ٹیچر کی وہ بات یاد آگئی کہ ہم چھوٹے ضرور ہیں لیکن ہم اپنی عمر کے مطابق دوسروں کی مدد کر سکتے ہیں۔ آج عید
کا دن ہے اور عید صرف ہماری ہی نہیں بلکہ ان چھوٹے چھوٹے بچوں کی بھی ہے جن کے پاس پہننے کے لیے نئے کپڑے نہیں
تھے اور جن کے پاس کھانے کے لیے بھی کچھ اچھا نہیں تھا۔ یہ سوچتے ہی میں جلدی سے ابو سے ہاتھ چھڑا کر ان بچوں کے
پاس گیا اور جھے جو بھی عیدی ملی تھی میں نے وہ عیدی نکالی اور ان بچوں کو دے دی۔ وہ بیچے بھی دوسرے بچوں کی طرح ان
پیسول کو دیکھ کر بہت خوش ہوئے۔ میرے دل میں یہ خیال آیا کہ واقعی عید تو سب کی ہوتی ہے چاہے وہ میں ہوں یا وہ بیچ







ماه رمضان المبارک اور میرا اسکول

السلام عليكم قارئين!

جیبا کہ آپ جانتے ہیں رمضان المبارک کا مہینہ ختم ہوئے زیادہ وقت نہیں گزرا ہے۔ آج میں آپ کو بتاؤں گا کہ ماہِ رمضان المبارک میں ہم اسکول میں کیا کیا سر گرمیاں انجام دیتے تھے۔ ماہ رمضان میں صبح کا ایک حصہ ہم لوگ پڑھائی کرنے میں صرف کرتے تھے۔ ویسے تو رمضان میں پڑھائی کرنے کا کسی کا دل نہیں ہوتا تھا لیکن علم حاصل کرنا ترقی کے لیے بہت ضروری ہے۔ اس لیے ہم آدھا دن پڑھائی کرتے اور آدھا دن ماہِ رمضان کی سرگرمیوں میں گزارتے تھے۔

پڑھائی ختم ہوتے ہی ہمیں کچھ دیر آرام کرنے اور چھوٹے بچوں کو کھانے پینے کا وقت ماتا تھا۔ اسکے بعد ہم قرآن کا تقریباً آدھا پارہ تلاوت کرتے تھے۔ ہم قرآن پروجیکٹر پر دکھ کر آہتہ آواز ہے یا دل میں پڑھا کرتے تھے۔ اگر میں اپنی پیند کی بات کروں تو مجھے لگتا ہے کہ پروجیکٹر پر دکھ کے پڑھنے سے زیادہ اچھا یہ ہوتا کہ سب بچے اپنے اپنے قرآن پاک یا پارے لے کر آتے اور اس میں دکھے کر پڑھے۔

ہم ای سلیلے کو آگے بڑھاتے ہوئے چند اذکار دہراتے تھے۔ کوئی بھی ایک بچہ تمام اذکار بلند آواز سے پڑھتا تھا اور باقی تمام بچے اس کے ساتھ ہلکی آواز سے پڑھتے تھے۔ اذکار کے بعد علاء کا مختلف عنوانات پر درس ہوا کرتا تھا۔ اگلے دن اس درس میں سے سوالات کیے جاتے تھے جس کی ہمیں نمبر بھی ملتے تھے۔ یہ سلسلہ تقریباً بارہ (۱۲) روز تک جاری رہا۔ ان دروس سے ہمیں علم دین کے بارے میں بہت کچھ سکھنے کو ملا اور قول معصوم بھی پتہ چلتے تھے۔ ان ۱۲ ونوں میں ہماری معلومات میں بہت اضافہ ہوا۔

اس کے بعد جمیں تقریباً پندرہ (۱۵) دن امام علی ؑ کی شہادت کی اور عید کی چھٹیاں ملی تھیں۔ میری دعا ہے کہ جمارا اسکول بہت ترقی کرے اور اس طرح مختلف سر گرمیاں جمارے لیے منعقد کرتا رہے۔ آئین

سيد عباس على: جماعت بينجم

* * *

شرارت کا انجام

ان کا نام تو خالد تھا مگر گھر والے انہیں گڈو میاں کہا کرتے تھے -گڈو میاں اچھے بیچاتو تھے مگر بلا کے شرارتی تھے۔

ایک دن ان کے ہاتھوں میں سوئی آگئی ان کو شرارت سوجھی، انہوں نے وہ سوئی جان بوجھ کر بستر پر گاڑ دی اور اپنے بھائی کے آنے کا انتظار کرنے لگے۔ بہت دیر تک انتظار کرتے کرتے بائتر وہ کھیلنے چلے گئے۔ کھیل کر واپس آئے تو بھول چکے تھے کہ انہوں نے بھائی کے بستر پر سوئی چبھوئی ہوئی ہے خود ہی بہتر پر بیٹھ گئے۔ آ۔آ۔آ۔۔ اوئی۔۔۔۔۔ گرہ میاں نے پورے گھر کو چیخ تی کرسر پر اٹھا لیا تھا۔ جب سب آئے تو دیکھا گڈو میاں اپنی ہی شرارت کا شکار ہو چکے تھے۔ ان کے ہاتھ میں سوئی گھس گئی تھی اور خون نکل رہا تھا۔ گھر والے ان کو ہمیتال لے کر گئے۔ ڈاکٹر نے مشکل سے سوئی نکالی اور پٹی باندھ دی۔ ان کو اپنی شرارت کی سزا مل گئی تھی وہ شر مندہ ہوئے اور اپنے آپ سے وعدہ کیا کہ آئندہ شرارت نہیں کریں گے۔

مریم زمراه: جماعت

شكوهِ زمين بنام ابل زمين

بخدمت جناب ابل زمين

السلام عليكم!

گزارش ہے کہ میں کچھ عرصے سے بہت مشکلات میں کچنسی ہوئی ہوں ای وجہ سے میں درخواست کھ رہی ہوں۔ شاید آپ جھے کہان گئے ہوں گے۔ بی ہاں! میں آپ کی پیاری اور خوبصورت زمین ہوں۔ آپ مجھ پر چلتے پھرتے، کھیلتے کودتے اور بہت سے کام بھی کرتے ہیں۔ مجھ پر جو درخت، پھول اور پودے اُگتے ہیں وہ آپ کے لیے بہت فائدہ مند ہوتے ہیں۔ مجھ پر دریا بھی ہے بہت فوبسورت لگتے ہیں اورزندگی بھی اسی کی وجہ سے باتی ہے۔

لیکن افسوس! میہ سب خوبصورتی آہتہ آہتہ ختم ہوتی جارہی ہے۔ میری ایک گزارش ہے کہ مجھ پر اُگنے والے درخت نہ کاٹے جائیں کیونکہ میہ میری خوبصورتی ظاہر کرتے ہیں۔ آپ لوگ میرا ساتھ دیجئے۔ سمندروں اور دریاؤں کے پانی کو صاف رکھیے ،اسے بالکل بھی گندا نہ کیجئے۔ آپ لوگ جو پانی چیتے اور استعال کرتے ہیں اسے ضائع نہ کیجئے۔

مجھے صاف ستھرا رکھنے کی کوشش کیجئے اگر میں صاف رہوں گی تو آپ کو کوئی بیاری نہیں گلے گی۔ آپ لوگ کوڑے کو کوڑے دان میں ڈالیں یا مٹی میں دبا دیں تاکہ وہ کچھ دنوں میں کھاد بن جائے اور آپ کے کام آئے۔ اسے آپ اپنے پودوں میں بھی ڈال سکتے میں اس کوڑے میں پلاٹک کی تھیلی نہ ہو۔

شور ہونے کی وجہ سے بھی میں سکون سے نہیں رہ پا رہی ہوں اور یہ سب آپ کی صحت کے لیے بھی بہت خطرناک ہے۔ جتنا ہو سکے آپ شور کی آلودگی کو کم کریں۔ آپ کو ذہنی سکون ملے گا۔ یہ بھی کو شش کیجئے کہ اپنی گاڑیوں کی مرمت کروا کیجئے ان کے دھوئیں سے میرا دم گھٹتا ہے۔ اس وجہ سے کاربن ڈائی اکسائیڈ جمع ہو جاتی ہے جو کہ میرے اور آپ سب کے لیے بلکہ م جاندار کے لیے بہت نقصان دہ ہے۔

آپ سب کی بہت مہربانی ہوگی کہ آپ اپنے ارد گرد کے ماحول کو صاف ستھرا رکھنے کی کوشش کیجئے خود بھی صحت مند رہیں اور مجھے بھی مرا بھرا رہنے دیں۔امید ہے آپ میری درخواست پر توجہ دیں گے میں آپ کی بہت ممنون رہوں گی۔



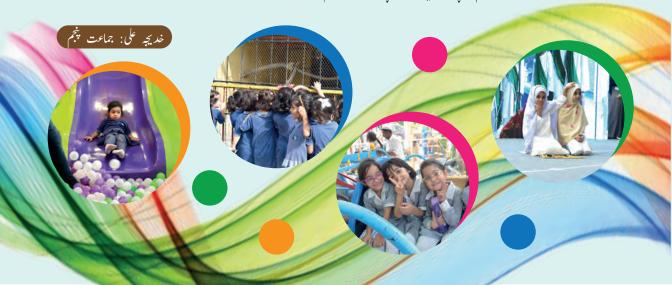
اسکول کی یادیر

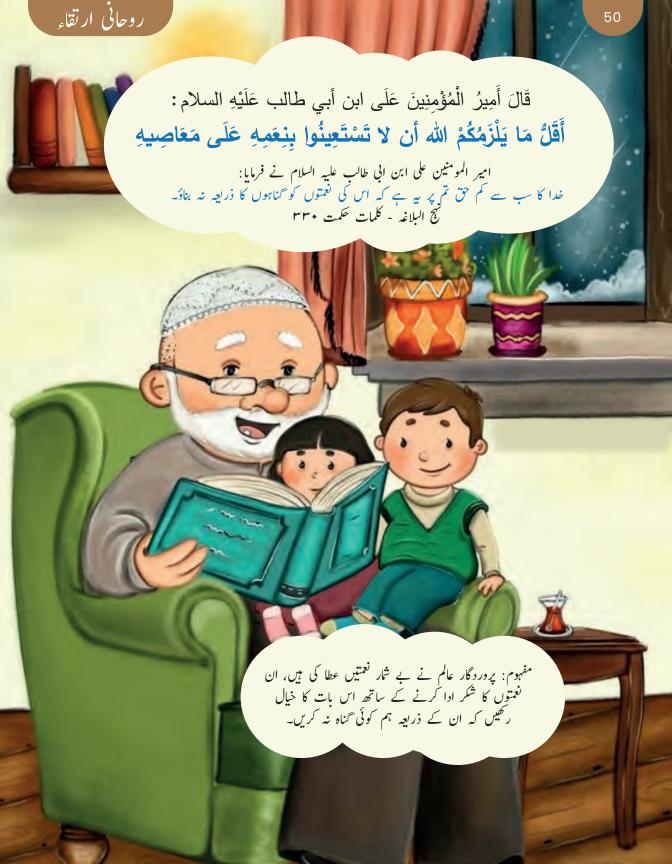
جب بچوں کا اسکول میں داخلہ ہوتا ہے تو ان کی ایک نئی زندگی کا آغاز ہو جاتا ہے۔ میں نے اپنے اسکول میں بہت کچھ سکھا۔ مجھے یاد ہے جب میں پہلے دن اسکول آئی تھی تو بہت روئی تھی لیکن ہر گزرتے دن کے ساتھ مجھے اپنی دوستوں کے ساتھ زیادہ مزہ آنے لگا اور میرا دل لگ گیا۔

ہمیں اسکول میں پڑھائی کے ساتھ ساتھ نماز پڑھنا بھی سکھائی گئی۔ مجالس اور جشن میں ہم سے نوحے اور منقت بھی پڑھوائی جاتی تھی۔ ای سی ڈی میں ہمارے کھانے کا انتظام بھی اسکول میں ہی کیا جاتا تھا۔ بھی چاول اور لوکی کی دال تو بھی آلو کی چپس، مکس سنری اور مزیدار سینڈوچ کا تو اپنا ہی مزہ تھا۔ اور پھر کینک ۔۔۔۔۔ کینک کی خوشی ہی الگ ہوتی تھی، بھی پڑیا گھر کی سیر کو گئے، تو بھی کسی باغ میں معلوماتی دورے پر۔ ہر جگہ دوستوں کے ساتھ جا کر مزے کرنا میں بھی نہیں بھول کتی۔ ہم نے دوسرے اسکولوں میں بھی کوئز اور تقاریر کے مقابلوں میں شرکت کی جس نے ہمارے ہمت اور حوصلے کو بڑھانے میں اہم کردار ادا کیا۔

کبھی کوئی بیار ہوجا تا تو اس کے لیے آرام دہ بستر لگوایا جاتا ۔لا بربری کے بلاک میں مختلف کہانیوں اور کتابوں کے ذریعے ہماری معلومات میں اضافہ کیا جاتا۔ جب ہم پرائمری میں آئے تو وقاً فوقاً سوئینگ، والی بال اور ٹیبل ٹینس کی مشق بھی کروائی گئے۔ اور ہاں میں کیسے بھول سکتی ہوں وہ دن جس کا انتظار ہم سالہا سال کرتے ہیں۔۔۔۔ جی ہاں ہمارے اسکول کا سالانہ پروگرام۔ سالانہ پروگرام میں ہم سب اسٹیج پر اپنا اپنا خاکہ پیش کرتے ہیں اور اپنا کردار بخوبی فبھاتے ہیں۔ ساتھ ہی ساتھ خوب داد بھی وصول کرتے ہیں۔ اس طرح ہماری خود اعتادی میں بہت اضافہ ہوتا ہے اور ہمیں مجمع کا سامنا کرنے کا حوصلہ بھی ماتا ہے۔

ہمارے اساتذہ نے اس پورے سفر میں ہماری بہت رہنمائی کی اور ہمیں بہت کچھ سکھایا۔ میری دعا ہے پروردگار ہمارےا سکول اور اساتذہ کو دن دگنی رات چوگنی ترقی عطا فرمائے۔ مجھے اور میری ہم جماعت ساتھیوں کو ایسے ہی آگے بڑھنے اور علم حاصل کرنے کی توفیق دے تاکہ مستقبل میں ہم اپنے والدین اور اپنے اسکول کا نام روشن کر سکیں۔ آمین





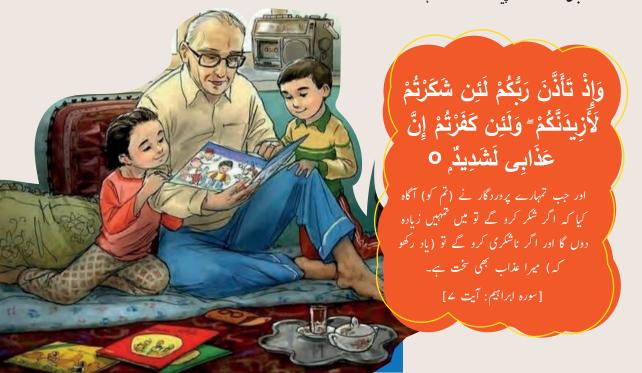
5 روحانی ارتقاء



كفرانِ نعمت

دادا جان کی نصیحت

وادا جان ! کفرانِ نعمت کے کیا معنی ہیں؟ اسد نے پوچھا۔ بیٹا ! شکر کے مقابلے ہیں کفر ہے یعنی ان نعمتوں سے انکار کرنا یا یوں سمجھ لو کہ ان نعمتوں کا غلط استعمال کرنا۔ وہ کیسے دادا جان؟ اسد نے نہ سمجھتے ہوئے ہر ہایا۔ اچھا تم بتاؤ کہ اللہ تعالیٰ نے ہمیں آئکھیں کیوں دی ہیں؟ دادا جان نے اسد سے سوال کیا۔ اس لیے دی ہیں کہ ہم ان سے اللہ تعالیٰ کی بنائی ہوئی خوبھورت چیزوں کو دکھ سکیں۔ کتابیں پڑھ سکیں۔ اور قرآن پڑھ سکیں۔ اسد نے فوراً جواب دیا۔ لیکن اگر ہم ان کے ذریعے یہ کام نہ کریں بلکہ سارا دن موبائل پر گیم کھیلتے رہیں ، کارٹون دکھتے رہیں اور اپنا وقت ضائع کرتے رہیں تو اس کا مطلب ہے کہ ہم نے ان کا حق ادا نہیں کیا۔ اس طرح اللہ تعالیٰ نے کان دیئے ہیں کہ ان سے اچھی باتیں سنیں لیکن اگر گانے سنیں، دوسروں کی برائیاں سنیں، تو ہے اس نعم سکھانے حق اور پچ بات کرنے کے لیے دی گئی ہے شہت ہمیں ذائقہ پچھنے کے ساتھ ساتھ، اچھی اچھی باتیں کرنے علم سکھانے حق اور پچ بات کرنے کے لیے دی گئی ہے لیکن اگر ہم اس سے جھوٹ بولیں، غیبت کریں، دوسروں کا دل دکھائیں یا گالی دینے جیسے گناہ کریں تو اس کا مطلب بھی کہ نیت کیا ہے۔ دادا جان نے اسد کو سمجھایا۔ جی دادا جان! اب مجھے بہت اچھی طرح سمجھ آگیا کہ نعمت ہم نے کلان کرنا یا ان کے ذریعے گناہ کرنا ہی دراصل کفرانِ نعمت ہے۔ اسد نے جلدی سے کہا۔ بہت خوب! کہ نعمتوں کا غلط استعمال کرنا یا ان کے ذریعے گناہ کرنا ہی دراصل کفرانِ نعمت ہے۔ اسد نے جلدی سے کہا۔ بہت خوب!



امام محمد باقر عليه السلام

امام محمد باقرِّ ہمارے یانچویں امام ہیں۔ آپؑ کی ولادت ا رجب ۵۵ ہجری کو مدینہ منورہ میں ہوئی۔ آپؑ واقعاتِ کربلا کے عینی شاہد ہمی ہیں۔ امام حسینؓ کی شہادت کی سہادت کی علیہ اللہ میں العابدینؓ منصبِ امامت پر فائز ہوئے اور امام زین العابدینؓ کی شہادت کے بعد آپ نے امامت کے فرائض انجام دیے۔ ہٹام بن عبدالملک نے ۷ ذکی الحجہ ۱۱۳ ہجری میں زمر دلوا کر آپؓ کو شہید کروادیا۔ امام محمد باقر نے فرمایا: "خدا کی قسم جب تک کوئی شخص اللہ سے نہ ڈرے، اس کی اطاعت نہ کرے وہ ہمارا شیعہ نہیں ہو سکتا"۔

(أيت فاطمه: جماعت خشم

أمام جعفر صادق عليه السلام

امام جعفر صادق مارے چھٹے امام ہیں۔ آپ کی ولادت ۱ے رہتے الاول ۸۳ ججری کو مدینے میں ہوئی۔ آپ کا مشہور لقب صادق ہے۔ آپ کے والد امام محمد باقر اور والدہ بی بی ام فروہ ہیں۔ امام محمد باقر کی شہادت کے بعد آپ کے دورِ امامت کا آغاز ہوا۔ بیہ وہ دور تھا جب بنو امیہ کی حکومت ختم ہو رہی تھی اور بنو عباس اس پر قابض ہونے کی کوشش کر رہے تھے۔ امام نے اس موقع سے بحر پور فائدہ اٹھایا اور علوم اسلامی کو پوری دنیا میں پھیلادیا۔ آپ کی در سگاہ میں مزاروں کی تعداد میں طلباء نے مختلف علوم میں مہارت حاصل کی۔ بابائے کیمیا جابر بن الاحیان کا نام بھی آپ کے شاگردوں میں شامل ہے۔

بنو عباس کے حالم منصور نے دیکھا کہ آپؑ کا فیض علم مختلف علاقوں میں پھیل رہا ہے تو وہ آپؓ کی شہرت سے خاکف ہونے لگا اور اس نے مدینے کے گورنر محمد بن سلیمان کے ذریعے آپؓ کو زمر دلوا کر18 شوال ۱۴۸ ہجری کو شہید کروا دیا۔ آپؓ کی قبر ِمطہر بھی جنت البقیع میں موجود ہے۔

امته الزمراء: جماعت عشم

شهزادي فاطمة الزمراء سلم الدعليها

بعض روایات کے مطابق جنت البقیع میں ام الائمہ جناب فاطمۃ الزمرا ؑ کا مرقد بھی موجود ہے۔ گر یقین کے ساتھ یہ نہیں کہا جاسکتا کہ شنرادی کونین کی اصل قبر مبارک کس مقام پر موجود ہے۔

بی بی فاطمۂ کی ولادت ۲۰ جمادی آلثانی کو ہوئی۔ آپؑ کے والد محترم رسول خدا خاتم النبین محد مصطفیٰ ﷺ اور والدہ بی بی خدیجہ ؓ ہیں۔ آپ کے شوم نامدار امیر المومنین مولائے کا نئات علی ابن ابی طالب ؓ اور آپ کے فرزند جوانانِ جنت کے سردار امام حسن ؓ اور امام خسین ؓ ہیں۔ آپ ؓ کے تیسرے فرزند کا نام جناب محس ؓ ہے جو کہ شکم مادر ہی میں شہید کر دیئے گئے۔ آپ کی بیٹیاں بی بی زینۂ اور بی بی اُمِ کلثوم ہیں۔

بعبر رسول ﷺ شخرادی کو نین گر اس قدر ظلم ڈھائے گئے کہ آپ خود فرماتی ہیں کہ اگر روشن دنوں پر ڈھائے جاتے تو وہ تاریک راتوں میں تبدیل ہو جاتے۔ شنرادی اس حالت میں دنیا سے گئیں کہ پہلو شکستہ تھا اور یوں کہیں تو عجب نہ ہوگا کہ آج تک آپ ؑ کی تربت بھی شکستہ ہے۔

ثانی زمراءِ : جماعت ششم

انهدام جنت البقيع

جنت البقیع مدینے کا وہ قبرستان ہے جس میں، رسول خدائی کی چچی جناب فاطمہ بنت اسڈ، آپ کھی کے فرزند، آپ کھی کی چوکی جناب فاطمہ بنت اسڈ، آپ کھی کے فرزند، آپ کھی کی چوکی ہوں۔ یہ چار آئمہ امام حسن، امام زین العابدین، امام محمد باقر اور امام جعفر صادق ہیں۔ ایک روایت کے مطابق شہرادی فاطمۃ الزہرا کی قبر مطہر بھی یہی ہے۔ جنت البقیع کو مطابق شہرادی فاطمۃ الزہرا کی قبر مطہر بھی یہی ہے۔ جنت البقیع کے بارے میں مشہور ہے کہ یہ پہلے ایک باغ تھا اور بعد میں قبرستان بنا۔ جب اس قبرستان میں آئمہ معصومین کی قبور بننا شروع ہوئیں تو ان کے اوپر گنبد بھی تقیر کیے جانے گئے۔ بغض و کینہ سے لبریز دشمنانِ اہل بیٹ نے ان قبروں کو ۸ شوال ۱۳۴۴ ججری کے غمناک دن مسار کر دیا۔ یہاں ہم ان معصومین کا مختصر تعارف بیان کر رہے ہیں جو جنت البقیع کے اجڑے ہوئے قبرستان میں مدفون ہیں۔

منل زمراء: جماعت حشم

امام حسن عليه السلام

خانہ علی او فاطمۂ میں پہلے فرزندلینی امام حسن مجتبی کی ولادت باسعادت ۱۵ رمضان المبارک ۳ ججری کو ہوئی۔ آپ کے مشہور القابات سبطِ رسول، ذکی اور مجتبیٰ ہیں اور آپ کی کنیت ابو محمد ہے۔ ولادت کے بعد آپ نے پہلی غذا رسول اکرم اللہ کی زبانِ مبارک سے حاصل کی۔ آپ کو میدانِ مباہد میں فرزندِ رسول الله کی حیثیت سے سب سے آگے رکھا گیا۔ حدیث ِ کساء کے مطابق آپ ہی وہ پہلے فرد شے جو زیرِ کساء اپنے نانا رسول اکرم الله کی خدمت میں حاضر ہوئے۔ آپ کی خار ت کی کی عمر مبارک ۲۷ سال تھی۔ آپ کی تاریخ شہادت دم مبارک ۲۵ سبب شہادت زم بنا جو کہ آپ کی زوجہ جعدہ بنتِ اشعث نے آپ کو دیا تھا۔ آپ کی قبر مبارک جنت البقیع میں ہے۔

امام على ابن الحسين (زين العابدين) عليه السلام

جمادی الثانی ۳۸ ججری کی پندرہویں تاریخ تھی جب مالکِ کا ئنات نے امام حسین ؓ کو پہلا فرزند عطا فرمایا، جس کا نام علی قرار پایا۔ امام علی ابن الحسین ؓ کے مشہور القابات زین العابدین، سیّد الساجدینِّ اور سجّاد ہیں اور کنیت " ابو محمد" ہے۔ آپ ؓ کے والد کا نام امام حسین اور والدہ ماجدہ کا نام بی بی شہر بانو ؓ ہے۔

آپ کو زین العابدین لیعنی عبادت کرنے والوں کی زینت کا لقب رسول خدالتھ نے اپنی زندگی میں عطا فرمایا تھا۔ آج بھی لوگ آپ کی دعاؤں کے مجموعے "صحیفہ کالمہ" سے فیض اٹھا رہے ہیں جس میں ہر موقع اور مناسبت کی دعائیں موجود ہیں۔ آپ کی



بچوں کا صفحہ

او جھو آو جائيں

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وہ کون سا ٹیبل ہے جس کے پاؤں نہیں ہوتے۔

الیی کون سے بک ہے جس کو پڑھ تو سکتے ہیں، ہاتھ بھی لگا سکتے ہیں گلر اس کو چھاڑ نہیں سکتے۔

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وہ کون کی چیز ہے جو ہم دن میں نہیں دکھ سکتے، لیکن رات کو دکھ سکتے ہیں۔ الی کون کی چیز ہے جو چلناِ بند

ی چیز ہے جو چلنا بند ہو جائے اور اس کی گردن کاٹ دی جائے تو پھر سے چلنے لگتی الیمی کون سی چیز ہے جو مجھی ٹھنڈی نہیں ہوتی۔

صبا زمراء: جماعت چہارم

(محمد سلمان: جماعت چهارم

ہنسنا منع ہے

سروی نے لی انگرائی، آپ نے نکالی رضائی آئس کریم سے رشتہ توڑ لیا، چائے سے ناط جوڑلیا۔ ذرا می کیا ٹھنڈ پڑی، سب نے نہانا چھوڑ دیا۔

مچھر نے ہمیں کاٹا یہ اس کا جنون تھا، ہم نے تھجایا یہ ہمارا سکون تھا، ہم چاہتے تو اسے مار بھی سکتے تھے مگر کیا کریں؟ اس کی رگوں میں تو ہمارا ہی خون تھا۔

ثقلين حيدر: جماعت پنجم

۱۲ مہینوں کے نام تلاش کریں

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علیشاه زمراه: جماعت پنجم

ظالی جگہیں پُر کریں

